

# International Journal of Wrestling Science

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INTERNATIONAL NETWORK OF WRESTLING RESEARCHERS (INWR)

ADVANCING OUR SPORT THROUGH KNOWLEDGE

FAIRE PROGRESSER NOTRE SPORT PAR LA CONNAISSANCE

ПРОДВИЖЕНИЕ НАШЕГО СПОРТА ЧЕРЕЗ ЗНАНИЕ

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# International Journal of Wrestling Science

The official journal of the International Network of Wrestling Researchers (INWR)

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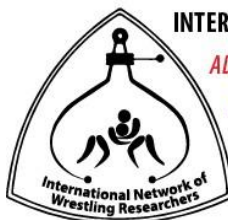
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Volume 13, Number 2 2023

## TABLE OF CONTENTS

- 1 Editor's Comments  
*David Curby*
- 2-8 FREESTYLE WRESTLERS REACTION TIME DIFFERENCES BETWEEN  
DIFFERENT WRESTLING SPECIFIC VISUAL STIMULI AND KINETIC  
RESPONSES  
*Gkrekidis A., Nikolopoulos G., Gkagka P., Barbas I., Menyctas D., Giannakou, E.,  
Aggeloussis, N.*
- 9-13 COMPARING PRACTICES OF WRESTLING IN THE USA AGAINST A GLOBAL  
MODEL FOR INTEGRATED DEVELOPMENT OF MASS AND HIGH-  
PERFORMANCE SPORT  
*Peter Smolianov, B. David Ridpath, Jaclyn Norberg Morrissette, Christopher Boucher,  
Tamara Dolmatova, Christopher Schoen, Steven Dion*
- 14-18 POSSIBLE ROLE OF EACH ARM IN WRESTLING TIE-UPS  
*Ito, S., Nagashima, K., Nakagawa, K., Matsumoto, R., Kanosue, K., Iteya, M.*
- 19-23 MODERN METHODS OF ASSESSING AND PREDICTING WEIGHT INDICATORS  
IN QUALIFYING AND ORIENTATION FOR SPORTS WRESTLING  
*Fikrat Azizovich Kerimov, Khamidjanov Abdulaziz Usubjon uglu*
- 24-31 TRANSFORMATION OF DIGITAL TECHNOLOGIES IN THE TRAINING SYSTEM  
OF HIGHLY QUALIFIED WRESTLERS  
*Fikrat Kerimov, Olga Goncharova & Rashid Burnashev*
- Proceedings from the UWW Scientific Symposium, "Using Sport Science to Help Wrestlers and  
Coaches." Belgrade, September 20, 2023
- 32-37 *Rayko Petrov Honorary Lecture*  
USE OF HEART RATE VARIABILITY IN THE TRAINING OF ELITE WRESTLERS  
*Georgiy Korobeynikov, Lesia Korobeinikova, Markus Raab, Anatoliy Kokhanevich,  
Ivanna Korobeinikova*
- 38-46 *Keynote Lecture*  
DEVELOPING THE NEW GENERATION OF EXERCISE MONITORS TO IMPROVE  
ATHLETIC PERFORMANCE  
*Babak Shadgan*

- 47-51 TECHNICAL – TACTICAL ANALYSIS OF XXXII SUMMER OLYMPIC GAMES AND 2022 WORLD CHAMPIONSHIP FREESTYLE WRESTLING COMPETITIONS  
*Ramiz Arabaci*
- 52-53 THE INFLUENCE OF CLUB COACHES AND PEERS ON THE MOTIVATION OF 11-TO-13-YEAR-OLD BOY WRESTLERS  
*Ivica Biletić, Mario Baić, Damir Pekas*
- 54-61 *INVITED LECTURE* - DEVELOPMENT OF WRESTLING-SPECIFIC ENDURANCE  
*Bahman Mirzaei*
- 62-66 CANNABIS IN SPORTS & HOW ATHLETES TRY TO CHEAT DRUG TESTS FOR IT  
*Abazar Habibinia*
- 67-68 DIFFERENCES IN SELECTED VARIABLES FOR ASSESSMENT OF SITUATIONAL EFFICIENCY IN BEGINNER WRESTLERS DEPENDING ON THE METHOD OF LEARNING AND IMPROVING TECHNIQUES  
*Vračan Dalibor, Mario Baić, Kristijan Slaćanac, Damir Pekas*
- 69-76 PHYSICAL FITNESS PREPARATION OF TOP-LEVEL WRESTLERS  
*Mario Baić*
- 77-87 *INVITED LECTURE* - TO FIGHT ANOTHER DAY, THE IMPORTANCE OF PROPER RECOVERY AND REGENERATION  
*Nikos C. Apostolopoulos*

#### Abstracts

- 88 TECHNICAL – TACTICAL MOVEMENTS USED IN 2021 AND 2022 WORLD SENIOR FREESTYLE WRESTLING CHAMPIONSHIPS  
*Ramiz Arabaci, Ali Kamil Gungor*
- 88 BODY-MIND-COMMUNITY: USING WRESTLING TO BUILD SAFER AND STRONGER COMMUNITIES AND MEMBERS  
*Saeid Esmaeli, Carl Berry, Mark Berry*
- 88-89 STRESS RESPONSE MECHANISMS IN WRESTLING COMPETITIONS  
*Georgiy Korobeynikov, Lesia Korobeinikova, Markus Raab, Anatolij Kokhanevich, Ivanna Korobeinikova*
- 89 INDIVIDUAL WINNING CONSISTENCY METRICS PREDICT MATCH OUTCOME AND PODIUM PERFORMANCE IN FREESTYLE SENIOR WORLD WRESTLING  
*David Eduardo López-González*
- 89 DYNAMICS OF THE NUMBER OF WEIGHT CATEGORIES IN WOMEN'S WRESTLING  
*Viktor Shandryhos*
- 90 DESIGNING A MODEL FOR MEASURING THE EMPOWERMENT OF WRESTLING COACHES  
*Alireza Rahmati Tabrizi, Aliakbar Jirsaraei Bazarkard Abas Khodayari*

- 90-91 COMPARATIVE ANALYSIS OF PHYSICAL PREPAREDNESS INDICATORS  
AMONG WRESTLERS OF DIFFERENT QUALIFICATIONS  
*Yuriy Tropin, Yuliya Kovalenko*
- 91 SYMMETRY OF LEG MUSCLES IN WRESTLERS  
*Milan Marković, Toskić Lazar*
- 92 PSYCHO-PHYSIOLOGICAL CONTROL FOR OPTIMIZING THE TRAINING AND  
COMPETITIVE ACTIVITIES OF YOUNG WRESTLERS IN THE CONDITIONS OF  
MARTIAL LAW  
*Liliia Yukhymenko, Volodymyr Lyzogub, Sergii Khomenko*
- 92-93 STUDY OF THE CARDIOVASCULAR SYSTEM'S REACTION TO THE TRAINING  
LOAD OF HIGHLY QUALIFIED WRESTLERS  
*Burnashev R.A.*

***IN MEMORIUM***

- 94-95 Robert A Oppliger (June 10, 1945 – December 21, 2023)

## **DYNAMICS OF THE NUMBER OF WEIGHT CATEGORIES IN WOMEN'S WRESTLING**

Viktor Shandryhos

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### **ABSTRACT**

**PURPOSE:** to analyze the dynamics of the number of weight categories in women's wrestling. **METHODS:** theoretical analysis and generalization of literature data, Internet sources, system-historical analysis, methods of mathematical statistics. **RESULTS:** the article presents the results of empirical studies of the dynamics of the number of weight categories of women wrestling athletes since 1987. It was found that since 1997, there has been a clear trend of increasing the number of weight categories of women wrestlers. It has been established that since 1997 women have competed in only six categories; since 2002 – at seven; from 2014 – in eight, and from 2018 – in ten weight categories. In 2004, women's wrestling received general recognition with the inclusion in the program of the Olympics in Athens as an independent discipline. Since then, there has been a division of weight categories into "Olympic" and "non-Olympic". In total, women's wrestling was included in the programs of the Olympic Games 4 times and during this period 18 sets of awards were drawn. **CONCLUSIONS:** It is established that to promote, entertain and promote wrestling as a sport in the world, UWW makes changes and additions to the rules of competition, including changes in the number of weight categories. It was found that with the beginning of the popularization of women's wrestling, there is a clear trend of increasing the number of weight categories of wrestling. The number of participating countries and athletes has also increased significantly, which indicates the growing popularity of women's wrestling in the world. All this objectively confirms the leading role of women's wrestling and contributes to the preservation of a worthy status of wrestling in the structure of modern world sports. **Key words:** weight categories, women's wrestling, dynamics, women wrestlers, world championships, Olympic Games, system-historical analysis, regulations.