

контекстуальні зв'язки, які допомагають уникнути певного суб'єктивізму у процесі розмежування прямих і похідних значень, полегшують встановлення актуалізації іменника у ролі певних іменникових номінацій на рівні мовлення, що має важливе значення для процесу кодування та декодування семантичного обсягу.

Семантичний простір з початковими літерами *D, E, F* в цілому демонструє тенденцію до розвитку полісемічної моделі слова. Це означає, що механізми синергетики мовної організації скеровують досліджуваний нами іменниковий простір на фіксацію більшої кількості позамовних реалій меншою кількістю слів. Такі висновки потребують подальших статистичних обрахунків, які дозволятимуть отримати якомога об'єктивнішу картину мовного логіцизму кодування іменникової лексики в німецькій мові.

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MOTIVATIONAL FICTION VS INSPIRATIONAL FICTION: COMPARATIVE STUDY

Inspiration is a particular state that forces individuals to bring ideas into fruition. Motivation is eagerness and willingness to do something. Both inspiration and motivation are useful tools one needs to succeed. It is believed that to get some motivation or inspiration people read books. However, the terms inspirational literature and motivational fiction are used interchangeably. In this article, we explain if there is a difference between motivational and inspirational literature.

Modern scholars in the spheres of linguistics and psychology, such as Bob Dolan, Debbie Hamilton, Emily R. Lai, Jadie Kong and others study the question of motivation and inspiration in literary texts.

The analysis of the theoretical works has shown that the question of «motivational literature» and «inspirational fiction» has not been studied properly yet. Therefore, the **objective** of our article lies in the establishment of the main features of «motivational literature» and «inspirational fiction» by means of defining their similarities and differences.

In general, it is claimed that «inspirational fiction» is a sub-category within «inspirational literature» or «inspirational writing». Such type of literature focuses mainly on religious values. It provides readers with content that is non-offensive and lacks explicit storylines. Finding an appropriate definition to this term can be a difficult task. However, Vancouver Public Library list of «inspirational fiction» books begins with the statement: «Any good book can be an inspiration, but many of these books highlight people overcoming adversity or reaching new levels of understanding. Whether they pull themselves up by their own bootstraps or have help from a higher power, these

books will uplift and entertain you» [7]. Thus, we may state that such novels involve a positive change in people's lives.

Moreover, we assume that inspirational literature provides stimulus to uplift and boost the readers' spirits and to encourage them towards self-revelation and exaltation. Such literature helps people to keep motivated through some depressed phases of life. Inspirational novels encourage readers to fulfill their dreams and contribute to universal growth by being better individuals. This fiction inspires through the examples of the main characters, especially the changes in their lives. They show the readers that such changes are possible in real life [9].

As we have already mentioned inspirational literature is connected with some religious fulfilment. The terms «religious fiction», «faith-based fiction» or «Christian fiction» are widely used among the readers in many countries. Such inspirational novels are written to appeal to a general Christian audience such as: Evangelical Protestant market, Roman Catholic or Orthodox Christian readers. Religious fiction may seem a bit narrow and didactic because these stories are written about «the journey of the soul». Although the term «Christian fiction» is mainly used to reflect God's presence in the stories, but «the novels focus on ordinary people who search for the essence of life and they challenge themselves in accordance with Christian principle» [7]. In the book «Romancing God: Evangelical Women and Inspirational Fiction» the author investigates the reason why many religious women are eager to read evangelical romance novels. She explains that such a type of literature plays an important role in their lives because «...romance is not just an encounter between lovers, but a triangle of affection: man, woman, and God» [6]. So, the faith-based fiction is connected with the awareness of faith to overcome adversity, but such books are read by both religious and non-religious readers.

Many genres can be classified as inspirational ones, for example, *The Readers Advisory Guide to Genre Fiction* listed «inspirational» as a subgenre in every type of fiction, from thrillers to romances [4]. Inspirational fiction itself can be associated with some other genres:

Misery literature. In Great Britain it is also called «misery memoirs». This is a subgenre of biographical literature that deals with a main character's «triumph over personal trauma or abuse, often during childhood» [2]. Such stories are growing in popularity. The authors write them to open his/her own story and to give the reader some strength not to repeat the situations in their lives. It is also believed that these memoirs tap into a human need to experience hope, love and renewal. Kate Elton, Arrow publishing director, says: «You read them to get a sense of what human nature can endure. If you've got problems with your mortgage or a relationship that's not working, they put it into perspective.» [5]

Visionary fiction. This term was created in 2016 by a writer and educator Walidah Imarish. She claims that the term is connected with fantasy, science fiction, horror, magical realism and more. This type of literature helps people «to understand the existing power dynamics and helps to imagine the paths to creating more just futures» [3]. Some spiritual wisdom is mentioned during the story and the reader experiences it within this particular fiction [3].

Gentle fiction. This type of literature tells the story about the person who tries to wrestle his/her ordinary problems, rather than global ones. These novels explore the ordinary joys of life, frustrations and sorrows. The aim of such stories is not to shock the reader, but to comfort you into a good thoughtful read.

Finally, to take into account what we have mentioned before, we may say that «inspirational fiction» is fiction which is connected with the inner world of the reader. Such novels are written to give some useful pieces of advice and to show that changes are possible in the lives of every person.

Another term connected with our investigation is «motivational literature». This type of writing guides the reader to improve the quality of life by changing attitude and behavior. Motivational stories help to find that inner and physical strength to overcome some adversities [9]. However, the internal factors are very important in achieving goals, therefore it is important to find them, understand and steer them in the right direction.

Motivational literature and its influence on the person are multilateral. These books help people to understand their life goals and awake the desire to achieve them. The main advantage is that all the stories, which are mentioned in the book, are from real life. They are told by ordinary or some famous and well-known people. In such a book one can find not only some theoretical background, but also a great number of various methods, techniques, exercises which help to find the motivation. Moreover,

it provides guidance that a person can work and achieve personal and professional goals which lead to success [8].

According to S. J. Scott we may say that motivational books can be of different types: business and career literature; books about self-development and setting goals; books about privacy, books that encourage to eat healthy food and do enough exercises and others [8]. The type of the book depends on the readers' interests. Therefore, we may say that motivational literature has a practical assignment. It deals more with giving useful desire to self-realization and self-improvement.

Summing up the results of the study, the following can be noted. The terms «motivational literature» and «inspirational fiction» are used interchangeably because they both deal with the influence on readers' behavior, attitude and their views. They both are written to encourage readers' potential to change their lives. Mainly, writers of such stories explain their own experience and in such a way they give some ideas, desire and strength to achieve success. However, one may claim that these terms can be used without any difference, but in the article we have investigated that there is a slight discrepancy between them. The inspirational literature deals more with the inside world of the reader whereas motivational fiction puts more emphasis on practical aspects of people's lives.

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THE EFFECTS OF PSYCHOLOGICAL BARRIERS IN FOREIGN LANGUAGE TEACHING AND LEARNING

Learning foreign languages is not only the mastery of foreign language competence, but also communicative flexibility, the ability to learn, emotional stability, and the ability to psychologically engage in the learning process. The effectiveness of such a multilateral process of foreign language acquisition is directly related to the psychological readiness of the student to learn and use a foreign language both in the lesson and in life situations and be able to overcome psychological barriers. The problem of communication barriers today is one of the most important areas of research in the field of pedagogical psychology. The history of the study of barriers that arise in activity and communication dates back to treatises in the rhetoric of the ancient world, as evidenced by the well-known treatise of Cicero.

Solving the problem of barriers requires the fullest possible use of both the available psychological resources of the learners and the mastering of the teachers by modern means and methods of psychological influence in the process of psychological and pedagogical interaction [1, p.